**Academic Improvement Plan**

**Find your WHY**. What is your motivation for being here in the Walton College at the University of Arkansas?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Activity #1 - Barriers to Academic Success**

|  |  |
| --- | --- |
| I did not ask questions when I did not understand the material |  |
| I do not like the teacher |  |
| I did not do well on one or more exams |  |
| I have missed too many homework assignments or quizzes |  |
| I do not have time for class due to work |  |
| I do not have time for class due to family obligations |  |
| I have a pressure, stress, anxiety or tension concern |  |
| I have missed too many days of class |  |
| I did not have a clear goal/motivation for the semester |  |
| I did not have access to all class materials (books, technology, etc.) |  |
| Other:  |  |

Let’s flip the script. For every reactive barrier marked above, come up with a proactive solution.

|  |  |  |
| --- | --- | --- |
| Course | Proactive action  | Resource  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Activity #2** – ~~Time~~ Priority Management: Start with what you know

What does your fixed schedule look like?

How many hours are spent sleeping? \_\_\_\_\_

How many hours are spent eating and getting dressed? \_\_\_\_\_

How many hours are spent in class? \_\_\_\_\_

Hours spent participating in clubs and organizations? \_\_\_\_\_

How many hours are spent studying? \_\_\_\_\_

Total \_\_\_\_\_

168 – Total = \_\_\_\_\_

*This is the amount of time you have a week (divide by 7 for daily) for fun, working out, watching TV, video games, social media, and/or work.*

**Activity #3** – To Do List – Are you TASK or TIME orientated

|  |  |
| --- | --- |
| TASK | TIME |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

Probation could lead to Academic Suspension. What would your back-up plan be if you had to leave the University of Arkansas? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Important Dates**

**November 2-November 20** Priority Registration for Spring 2021 classes

**November 20**  Last day to drop a full semester class with a “W”

**December 10**  Last day to officially withdraw from ALL classes

**December 11**  Dead day

**December 14-December 18** Finals

\*For more information and details about each important date, please visit the University of Arkansas Academic calendar, online at <https://registrar.uark.edu/academic-dates/academic-semester-calendar/>