

TypeFocus™

Success Through Self Awareness

Getting Started with TypeFocus Careers

1. Visit <http://www.typefocus.com>.
2. Click on “New Users Start Here”.
3. Enter your name and email address, and create a password.
4. You’ll need the U of A’s access code to create an account.
(Call or email our office for the code: 479-575-6100 or careercenter@walton.uark.edu.)
5. Begin by clicking “Self Assessments”.
6. Complete the “Personality Assessment” first.
(It takes less than 10 minutes to finish the 62 question assessment.)
7. Review your personality results (four-letter code) and explore your personality, interests, values and success factors.
8. Complete the additional assessments to further understand your personality and interests:
 - Interests Assessment
 - Values Assessment Success
 - Factors Questionnaire
9. Explore TypeFocus’ other features:
 - Explore Occupations
 - Set Goals
 - Job Search Tools
 - Success at Work